



Clinical Animal Nutrition Survey© for Equine

A System Approach to Identifying Vitamin and Mineral Imbalances and Organ Distress
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NAME _____ AGE _____ SEX _____ OWNER _____ DATE _____

*Put a number in the box in front of the symptom **only if it applies** to your horse. LEAVE BLANK if it does not apply.
1 = mild or not very often. 2 = moderate or somewhat frequent. 3 = severe or constantly happening.*

GROUP ONE - SYMPATHETIC			
High anxiety		Stall walker or wall banger	Sweat patterns on neck
Keyed up, fails to calm, nervous		Can be aggressive	Doesn't like being left behind others
Can get diarrhea with any stress		Cribber	Get upset with routine change
Unable to relax, startles easily		Often gets skin welts or eruptions	Head shaking
		SCORE: Add all columns =	Score divided by 36 X 100 = %

GROUP TWO - PARASYMPATHETIC			
Joint stiffness		Subject to infections	Poor circulation, sensitive to cold
Ringbone		Eyes or nose watery	Low thyroid function
Low energy, sluggish		Frequently eats dirt	Tends to be overweight
Slow starter, slow mover		Dry to lose droppings, alternating	Weak muscle tone
		SCORE: Add all columns =	Score divided by 36 X 100 = %

GROUP THREE – CARBOHYDRATE METABOLISM, SUGAR HANDLING			
Trembles, episodes of weakness		Urinating large amounts	Insulin resistance
Crested neck		Passes a lot of gas	Behavior changes
Distended abdomen		Poor metabolism	Increased water consumption
Decreased willingness to move out		Cannot lose weight even with diet	Overweight
		SCORE: Add all columns =	Score divided by 36 X 100 = %

GROUP FOUR – CARDIO RESPIRATORY			
Exercise intolerance		Swelling in legs	Coughs with some regularity
Significant loss of muscle mass		Seems disoriented at times	Difficulty breathing
Weak spells		Rear legs tremble, weak	Shortness of breath
Rapid pounding heart		Abdominal distension	Has had pneumonia more than once
		SCORE: Add all columns =	Score divided by 36 X 100 = %

GROUP FIVE – LIVER			
Gas		Allergies	Crusty lip sores
Manure watery or diarrhea		Generally itchy	Elevated cholesterol, triglycerides
Appears bloated		Change in appetite	Elevated liver enzymes, lipase
Lethargic, depressed, restless		Has frequently been on antibiotics	Itching, red or squinting eyes
Increased shedding		On a drug for long time	Rubs at ears or face
		SCORE: Add all columns =	Score divided by 45 X 100 = %

GROUP SIX - DIGESTION			
Cribber		History of colic	Quality of hay or grain questionable
Goes off feed when stressed		Recurrent diarrhea	Recurrent intestinal parasites
Odd colored manure		Odd odor to stool	Poor coat
Stomach distress common		Chews to one side	Drops food and doesn't eat it
		SCORE: Add all columns =	Score divided by 36 X 100 = %

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GROUP SEVEN – A – Thyroid Glands			
Increased shedding		Oily, greasy coat, body odor	Depression, mentally dull
Thinning, sparse coat, bald spots		Weak pulse	Exercise intolerant
Dry, scaly skin		Elevated blood cholesterol	Back/neck problems
Obese or can't lose weight		Weak ligaments	Increased pigment to skin
		SCORE GROUP SEVEN A: Add all columns =	Score divided by 36 X 100 = %

GROUP SEVEN – B – Pituitary Gland			
Adrenal or thyroid dysfunction		Weight gain around rear end, fat pads	Abnormal heat cycles in mares
Abnormal thirst		Cresty neck	Pigment spots to skin
		SCORE GROUP SEVEN B: Add all columns =	Score divided by 18 X 100 = %

GROUP SEVEN – C – Adrenal Glands, Hyperactive			
Excessive water consumption		Breathes heavy with little exercise	Muscles seem weak
Increased urination		Lethargic	Distended abdomen
Thin skin		Overweight	Change in behavior or attitude
Decline in arthritic symptoms		Weak topline	Doesn't shed out in spring
		SCORE GROUP SEVEN C: Add all columns =	Score divided by 36 X 100 = %

GROUP SEVEN – D – Adrenal Glands, Hypoactive			
Weakness		Slow heart	Intermittent anorexia
Depression		Weak pulse	Has collapsed for unknown reason
		SCORE GROUP SEVEN D: Add all columns =	Score divided by 18 X 100 = %

GROUP EIGHT – Musculoskeletal (Calcium / Magnesium Metabolism)			
Greater than 15 years		Difficulty getting up and down	Laminitis
History of any joint injury / surgery		Arthritic, degenerative joint disease	Knees over in front
Back or neck problems		Splint injury	Recurrent sprains or strains
Bone spurs or enlarged joints		Ringbone	Poor hooves
		SCORE GROUP EIGHT: Add all columns =	Score divided by 36 X 100 = %

GROUP NINE - Renal			
Abnormal or frequent urination		History of bladder stones	Leaking urine
History of bladder infections		High blood calcium or phosphorus	Swollen penis
Reduced renal function		Elevated vitamin D level	Prostate enlarged
		SCORE GROUP NINE: Add all columns =	Score divided by 27 X 100 = %

GROUP TEN – Immune			
Increased shedding, poor quality fur		Skin crawls when being touched	Frequent or recurrent infections
Red bumps to skin		Vaccinated regularly	Dental issues, infected tooth
Scabs, sores, or crusts to skin or ears		Warts or history of	History of Lyme, EPM or other organisms
Dandruff, flaking		Has had cancer of some kind	Experienced a vaccine reaction
		SCORE GROUP TEN: Add all columns =	Score divided by 36 X 100 = %

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GROUP ELEVEN – Pain			
Lameness, abnormal gait		Just stands in one spot	Wobbly
Withdrawn		Grinding teeth	Shifting weight off area of body
Reluctant to move		Change in mood	Decreased appetite
Dislike or intolerance of handling		Hunched back or sway back	Restlessness; pacing
Overall activity less than normal		Groaning, moaning, grunting	Lower or tilted head or ears
Looks depressed		Weeping, red, cloudy, squinting eyes	Temperamental
Hanging or tucked tail, won't swish		Heavy breathing, increased heart rate	Avoids or can't square up
Cribbing, wall banging, stall walking		Licking inanimate objects (can often be a sign of intestinal pain)	
		SCORE GROUP ELEVEN: Add all columns =	Number divided by 69 X 100 = %

SCORE / TALLY	
Primary Group:	%
Secondary Group:	%
Tertiary Group:	%

IMPORTANT

TO THE OWNER: Please list below the five main physical and or health complaints for this equine in order of importance:

1. _____
2. _____
3. _____
4. _____
5. _____

OTHER COMMENTS YOU WOULD LIKE TO MAKE:

DIET BEING FED: